



**Thoracic & Sleep  
Disorders Physician**



**Prof. Roger K A Allen**  
M.B.B.S (Hons.1<sup>st</sup> Qld)  
F.R.A.C.P, F.C.C.P, Ph.D.(Melb)



**P: 61 7 3719 5577**

**F: 61 7 3719 5177**



4<sup>th</sup> Floor, Suite 46  
Wesley Medical Centre  
40 Chasely Street  
Auchenflower  
QLD 4066  
Australia



ABN 53 006 461 730

Provider: 044285EY

After Hours  
0417 629 816



[reception@sarcoidosis.com.au](mailto:reception@sarcoidosis.com.au)

[www.sarcoidosis.com.au](http://www.sarcoidosis.com.au)

# PROFESSOR ROGER K A ALLEN

## QUALIFICATIONS AS AN EXPERT WITNESS IN SLEEP DISORDERS

I am a medical practitioner registered in the state of Queensland as a Specialist Thoracic and Sleep Physician. I graduated in 1975 from the University of Queensland with First Class Honours and was awarded a University Medal (1976). After my intern year at the Royal Brisbane Hospital, I did my thoracic physician training at the Austin and Repatriation General Hospitals in Heidelberg, Melbourne, where I also did a Ph.D. at University of Melbourne (1990). I became a qualified Thoracic Physician in 1982 and was later admitted as a Sleep Physician when that specialty formed.

During the early 1980s, at the Repatriation General Hospital (RGH), Heidelberg, I first started doing sleep medicine. In those days, sleep medicine was in its infancy as CPAP was first described in 1982 in The Lancet by Professor Colin Sullivan from Sydney. Sleep studies were done then using polygraph equipment and the international sleep monitoring firm, Compumedics, was also in its infancy then. As it was based in Melbourne, it frequently interacted with our laboratory at the RGH, Heidelberg. I managed a wide range of sleep disorders and also worked in intensive care at that hospital. In my last three years in Melbourne, I became a visiting consultant to both hospitals, as well as doing research into sarcoidosis for my doctorate.

In 1987, I was appointed as Senior Staff Thoracic Physician at The Prince Charles Hospital and was involved in the establishment of the sleep laboratory with Dr Paul Zimmerman. While at The Prince Charles Hospital, I also was involved in research including into the mandibular advancement splints with Professor Peter L'Estrange, Dental School, Brisbane, Drs Paul Zimmerman, director, and Peter Nolan. Our equipment at The Prince Charles Hospital was Compumedics. I was then appointed Clinical Associative Professor at that hospital, which had become a teaching hospital, and saw a wide range of sleep disorders. In 1992 I attended a sleep course through the Stanford University Sleep Laboratory, Paolo Alto, California, which was the course used by the sleep physicians in the United States as part of their Boards Examination training. Subsequently, I also attended an annual course in sleep medicine in 1987 through the Australian Institute of Sleep Education, Sydney, with Professor Ron Grunstein.

In 1995, I went into full-time private practice at the St Andrew's War Memorial Hospital, Brisbane, where established a three bed sleep laboratory with Dr Allan Finnemore and Dr Christopher Schull. I ran a private sleep laboratory at St Andrew's Hospital and attended regular audits of this, but then moved to The Wesley Hospital, Auchenflower, in 2005 and sold my share of the sleep laboratory.

In 2009, I was appointed a consultant to Healthy Sleep Solutions in Sydney, reporting on home sleep studies in patients throughout Queensland, including provincial Queensland, and published a paper in Australian Prescriber based on my experience of home sleep studies (around 7000 then).

I am a member of the Australasian Sleep Association and have also been involved in medico-legal cases involving sleep disorders, including parasomnias and obstructive sleep apnoea causing motor vehicle fatalities. I am a qualified Sleep Physician under the auspices of the Australasian Sleep Association. Since I have been at The Wesley Hospital, I have also been involved in the sleep laboratory of Genesis Sleep Care and report on my own studies through their laboratory (in-patient polysomnograms predominantly), but also involving patients with conditions other than obstructive sleep apnoea, i.e. narcolepsy, parasomnias, periodic limb movement disorder, and psychiatric conditions overlapping with sleep disorder.

I am a fellow of the American College of Chest Physicians and also belong to the French thoracic society, La Société de Pneumologie de Langue Française, and have published widely in both English, French and, more recently, Greek. My CV, including publications, are available on my website; [www.sarcoidosis.com.au](http://www.sarcoidosis.com.au). I also have a sleep website; [www.sleephealth.com.au](http://www.sleephealth.com.au).

I have no financial investment in any sleep laboratory, nor do I have any affiliations with any provider of sleep equipment, e.g. CPAP pumps. Thus, I have maintained my independence from external bodies since I first started my career in sleep medicine over thirty years ago.

I have read the Guidelines for the Code of Conduct as an Expert Witness, and agree to comply with these.  
Prof. Roger KA Allen

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